

Questions to ask on my lung cancer journey

Use these questions to think about what's important to you and learn more about your cancer care. Write the question numbers and your doctor's answers on a separate sheet of paper

Questions to ask myself :

1. While I get treatment, do _____? Do I bring someone or do I go alone? Do I get treatment local? Whatever you feel that you need to ask yourself.
2. What does "quality of life" mean to me?
3. Are there major life events I would like to attend? ___

For my Cancer Team:

4. Should I get a 2nd opinion, and how do I go about that?
5. Will you test my cancer for biomarkers? If so what is the turn-around time and what are you looking for?
6. What is the goal of my treatment?
7. What are my treatment options?
8. Do I need breathing and exercise training (pulmonary rehab) or physical therapy?
9. What would we do if my treatment doesn't work or if the cancer comes back?
10. How can I learn more about emotional, physical, and medical support services?
11. Will I have a navigator or case manager assigned to me? (A navigator or case manager has special training to help guide you through the cancer care process.

Side Effects related to my treatment:

12. What possible harmful effects and side effects might I have from treatment?
13. What can I do to treat side effects?
14. Who do I call if I have severe problems outside of your office hours, such as high fever?
 - a. Do I need to work or stay home?
 - b. Do I need someone to help me get to treatment?
 - c. Do I need to have someone to help around the house, help care for my children or family?
15. Will I need help controlling pain (pain management)? If so, are they part of the care team? If not, what is their name and contact information?

Lifestyle questions

16. How will the treatment affect my daily activities? Will I need to avoid anything?
17. Will I be able to work during treatment? If not, what resources are available to help me apply for disability?
18. Can I travel during treatment or what restrictions do I have?

Clinical trial questions

19. Should I think about taking part in a clinical trial?
20. Where can I learn about clinical trials for lung cancer? Will my doctor help me find a trial for me?

Financial questions

21. Does my insurance cover these test or treatment?
22. Where can I learn about financial assistance? Is there someone I can meet with on site?
23. Are there local resources that help with rides to and from treatment?
24. Is there a local lung cancer support group meeting or on line resources?

25. How can I get connected to others who have survived or are living with this type of cancer for support?